

Third Annual Long Island Outdoor Systema Seminar with Martin Wheeler



Senior Systema Instructor

**Saturday and Sunday, April 17-18, 2010, 12:00pm - 5:00pm
Wantagh Park, Long Island**

Martin Wheeler will teach an OUTDOOR SEMINAR in the Central Picnic Area of Wantagh Park, Long Island. Subjects covered will include all aspects of **multiple opponents work - ground, hand-to-hand, weapons, and team work for crowds and riots**. This seminar is rain or shine, so check the weather and dress accordingly. There will be a **SATURDAY EVENING PARTY** with food following the training. Visit www.wheelersystema.com more information about Martin Wheeler.

Registration fee: \$200 for two days or \$100 one day if paid by March 17, \$225 two days or \$115 one day after March 17, \$250 two days or \$125 one day at the door. Saturday evening party is \$25 cash only, payable at the seminar. To register or for more information, contact Frank Fileti at frankfileti412@hotmail.com or **516-567-8224**.

There is a 10:40 train from Penn Station on Saturday and Sunday morning, arriving in Wantagh at 11:35. From the station, it is a short taxi ride (approximately 1 mile) to the park. Check with Fighthouse students and instructors as we will try to coordinate and travel together.